

LIVE BRIGHT... WITH A TREATMENT BUDDY!

What is a treatment budgy?

Anyone you feel comfortable sharing your status with and who you feel will support you.

A treatment buddy's role:

- Support
- Picking up your medication
- Attending CHIEDZA Peer Support groups (CAPS) with you

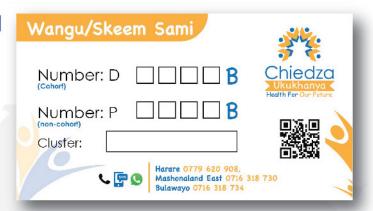
Grab a WANGU/SKEEM SAMI card and give it to your TREATMENT BUDDY!

WE'RE Living Bright!

Harare 0779 620 908

Mashonaland East 0716 318 730 Bulawayo 0716 318 734







CHIEDZA Adolescent Peer Support (CAPS) Together, we shine!

What will you get from CAPS groups?

- Meet fellow young people
- Social support
- Prescription refills

Come, let's talk about confidence, self-esteem, dating & relationships, peer pressure, careers, nutrition & exercise, general health and much much more....

Living Bright begins HERE!

Saturdays at the CHIEDZA Centre.

Light refreshments / snacks will be provided.

