



LIVE BRIGHT... WITH A TREATMENT BUDDY!

What is a treatment buddy?

Anyone you feel comfortable sharing your status with and who you feel will support you.

A treatment buddy's role:

- Support
- Picking up your medication
- Attending CHIEDZA Peer Support groups (CAPS) with you

Grab a WANGU/SKEEM SAMI card and give it to your TREATMENT BUDDY!

WE'RE Living Bright!

Harare 0779 620 908
Mashonaland East 0716 318 730
Bulawayo 0716 318 734



Wangu/Skeem Sami

Number: D B
(Cohort)

Number: P B
(non-cohort)

Cluster:



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CHIEDZA Adolescent Peer Support (CAPS) Together, we shine!

What will you get from CAPS groups?

- Meet fellow young people
- Social support
- Prescription refills

Come, let's talk about confidence, self-esteem, dating & relationships, peer pressure, careers, nutrition & exercise, general health and much much more....

Living Bright begins HERE!

Saturdays at the CHIEDZA Centre.
Light refreshments / snacks will be provided.

CAPS MEMBERSHIP CARD

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